



---

Central New York Services, Inc. (CNYS) is a private, not-for-profit Behavioral Health Organization dedicated to improving the quality of life for individuals and families affected by substance use and mental health concerns. We are privileged to serve our most at-risk community members through outpatient treatment, housing, financial management, forensic mental health, and employment programs.

---



# LANDMARK OPIOID TREATMENT PROGRAM

## About Us

LANDMARK, located just outside downtown Utica on the Mohawk Valley Psychiatric Center campus, is a state of the art New York State OASAS (Office of Alcoholism and Substance Abuse Services) licensed opioid treatment program that specializes in assisting the recovery efforts of those struggling with substance abuse, specifically opioids. Our highly trained, caring, and experienced staff is comprised of credentialed and licensed healthcare and behavioral health care professionals. Treatment is based on individual patient needs.



## Accessing Services

Landmark welcomes scheduled appointments for individuals seeking treatment for opioid addiction. Appointments are available by calling (315) 624-9835.

### Clinic Hours:

Monday, Wednesday, and Friday  
6:30 a.m.—4:30 p.m.

## Documentation

- ◆ Referral forms are available on our website at [cnyservices.org](http://cnyservices.org).
- ◆ Fax referral form to (315) 624-9838 and send treatment history if available.
- ◆ Insurance/Medicaid information
- ◆ Those without insurance will be placed on a self-pay sliding scale and will need proof of income.

*You've got  
a new story  
to write. And  
it looks nothing  
like your past.*

## Treatment Services

Landmark utilizes evidenced-based practices such as Stages of Change, Motivational Interviewing, Cognitive Behavioral Therapy, and Integrated Dual Diagnosis Treatment.

At Landmark, patients will have medication options of Methadone, Suboxone, and Vivitrol, all of which have proven effective in treating opioid addiction. Patients will work closely with their team to create the best treatment plan for a successful recovery.

- ◆ Individual Counseling
- ◆ Therapeutic Group Counseling including but not limited to Early Recovery, Relapse Prevention, Life Skills, Anger Management, Stress Reduction, Healthy Relationships
- ◆ Coordination with other providers
- ◆ Narcan/Overdose Prevention Training

Landmark will provide an array of person-centered, holistic services to support people in finding long-term recovery.

## Contact Us

### LANDMARK CLINIC

1213 Court Street, Suite 100

Utica, NY 13502

P: (315) 624-9835; F: (315) 624-9838

Jeff Rohacek, Program Director

[jrohacek@cnyservices.org](mailto:jrohacek@cnyservices.org)