



Central New York Services, Inc. (CNYS) is a private, not-for-profit Behavioral Health Organization dedicated to improving the quality of life for individuals and families affected by mental illness and substance abuse. We are privileged to serve our most at-risk community members through outpatient treatment, housing, financial management, forensic mental health, and employment programs. CNYS also offers Medicaid Services Coordination.



Dual Recovery Program



About Us

Our **Dual Recovery Program (DRP)** is a New York State OASAS (Office of Alcoholism and Substance Abuse Services) licensed outpatient treatment program that specializes in assisting the recovery efforts of those struggling with substance use and mental illness. Our highly trained, caring, and experienced staff is comprised of credentialed and licensed healthcare and behavioral health care professionals. The DRPs Medical Director is certified by the American Society of Addiction Medicine (ASAM). Our Psychiatrist specializes in adult and adolescent care.



Accessing Services

The **DRP** welcomes walk-in assessments Monday through Thursday beginning at 8:00 a.m. for individuals who would like to meet with one of our Intake Specialists. Please note that patients are seen on a first come, first served basis.

Scheduled appointments are available by calling 315.478.0610. Our hours of operation are:

Monday, Wednesday, Friday
8:00 a.m. to 4:30 p.m.
Tuesday and Thursday
8:00 a.m. to 6:00 p.m.

Documentation

- ◆ Fax a referral form to 315.478.2510.
- ◆ Fax or send the person's treatment history, if available.
- ◆ Insurance / Medicaid card OR Pending Letter.
- ◆ Those without insurance are placed on a self-pay sliding scale and will need proof of income (pay stub, W-2).

Contact Us

DUAL RECOVERY PROGRAM
321 W. Onondaga Street, Suite 201
Syracuse, NY 13202
P: (315) 478-0610; F: (315) 478-2510

Ginny Yauchzy, LMHC, CASAC II
Program Director
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www.cnyservices.org

Treatment Services

- ◆ The **DRP** uses evidenced based practices such as Stages of Change, Motivational Interviewing, Cognitive Behavioral Therapy, and Integrated Dual Diagnosis Treatment.
- ◆ Medically Assisted Treatment (Suboxone/Vivitrol)
- ◆ Evaluations and assessments for substance abuse and mental health issues
- ◆ Individual counseling
- ◆ Therapeutic groups including, but not limited to: Early Recovery, Relapse Prevention, Dual Focused Recovery, Life Skills, Parenting in Recovery, Healthy Relationships, Anger Management, Spirituality, Criminal and Addictive Thinking, Stress Reduction, Seeking Safety, and Steps to Recovery
- ◆ Adolescent therapy
- ◆ Psychiatric assessments
- ◆ Medication management
- ◆ DWI assessments and treatment
- ◆ Evening appointments
- ◆ Coordination of care with other providers
- ◆ Discharge planning
- ◆ Referrals for appropriate level of care

