

## PROS Employment Program Philosophy and Goals

The PROS employment program strives to assist individuals in attaining their life role goals for competitive employment and self-sufficiency.

The program is highly individualized, with employment specialists working with participants at any point in their psychiatric recovery. Optimal treatment is assured by integrating evidence-based employment practices, clinical treatment, recovery, and rehabilitation in a single, person-centered environment.

Rapid job search is promoted so that individuals who have identified employment as a goal will begin working immediately with an employment specialist to overcome mental health barriers.



## About Us

Central New York Services, Inc. (CNYS) is a private, not-for-profit Behavioral Health Organization dedicated to improving the quality of life for individuals and families affected by mental illness and substance abuse. We are privileged to serve our most at-risk community members through outpatient treatment, housing, financial management, and forensic mental health programs.



# PROS Employment Services

Rehabilitation, counseling, training, job placement, and ongoing support

**Rehabilitation, skill development, assistance in gaining competitive and permanent employment, and ongoing support**





## PROS Employment Services ~ we're here to help.

- Rehabilitation
- Skill Development
- Advocacy
- Job Assistance
- Ongoing Support

## Getting Ready For Work

Achieving and maintaining competitive employment is an important part of many recovery plans. Being part of the workforce not only provides income, but has the potential to raise self-esteem, teach important life skills, and add meaning to one's life.

PROS (Personalized Recovery Oriented Services) employment services are designed to enable participants to successfully develop individual capacities for getting and keeping a job. This is achieved through consistent participation in a variety of evidence-based employment related classes. In addition, our professional staff works one-on-one with participants to address work behaviors, learn social skills in the work place, practice effective communication, problem solve, attend to grooming/hygiene, and set goals.

### What is the intake process?

Initially, participants will be given a screening to determine if they are a good fit for the PROS program. Once admitted, they'll meet with an Employment Specialist who will provide further assessments. Then, they'll receive the employment services that are best suited for their needs. Additional PROS services and classes (cooking classes, physical wellness, mental health education, etc.) may also be utilized if the participant wishes.

Walk-in intakes are welcomed Monday through Friday from 8:00 a.m. to 4:00 p.m. Appointments are available by calling 315.478.2030.

A referral form can be found on our website at [cnyservices.org](http://cnyservices.org).

### Who is eligible to participate in services?

Anyone with a mental health diagnosis is eligible to participate in the PROS program employment services. Clients we serve may also have substance abuse issues and/or life skills deficits.

### Services offered:

- Job readiness assessments
- Assistance to obtain GED or apply for training programs
- Development of job-related skills
- Resume writing
- Mock interviews
- Job application assistance
- Ongoing support to ensure successful competitive and permanent employment
- Benefits counseling
- Mentoring

## Contact Us

### PROS Employment Services

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[www.cnyservices.org](http://www.cnyservices.org)

