



PROS services and programs offered:

- Assessment
- Basic Living Skills Training
- Benefits and Financial Management
- Community Living Exploration
- Crisis Intervention
- Self-Help Information and Education
- Skill Development and Support
- Wellness Self-Management
- Intensive Relapse Prevention
- Intensive Rehabilitation Goal Acquisition
- Family Psychoeducation
- Integrated Dual Disorder Treatment (IDDT)
- Psychiatric and Health Assessment
- Medication Management
- Symptom Monitoring and Clinical Counseling



About Us

Central New York Services, Inc. (CNYS) is a private, not-for-profit Behavioral Health Organization dedicated to improving the quality of life for individuals and families affected by mental illness and substance abuse. We are privileged to serve our most at-risk community members through outpatient treatment, housing, financial management, and forensic mental health programs.

Contact Us

PROS

321 W. Onondaga Street

Syracuse, NY 13202

Phone: (315) 478-2030; Fax: (315) 478-2250

cnyservices.org

Hours of Operation:

Monday through Friday

7:30 a.m. to 4:00 p.m.



Information for Providers

**PERSONALIZED
RECOVERY
ORIENTED
SERVICES
(PROS)**



What is PROS?

Licensed by the New York State Office of Mental Health (OMH), **PROS** (Personalized Recovery Oriented Services) is a comprehensive recovery-oriented model of care for individuals with mental health conditions and/or substance abuse issues. The evidence-based approach allows treatment, rehabilitation, and support services to be fully integrated. We specialize in co-occurring disorders.

The **PROS** model emphasizes restoring the skills and supports necessary for participants to live independently in the community, and assisting in the achievement of specific life goals such as furthering education or securing employment. The program is fully “person-centered,” with participants having meaningful input and choice in their recovery at all stages of program development and implementation.

The Individualized Recovery Plan (IRP) is the heart of **PROS**. Participants will work with staff to develop an IRP that details how they will work with people in their support system to reach their desired life roles.

PROS services are conducted in a classroom-like setting, providing the opportunity to receive instruction and practice skills in a safe environment while staff members counsel, teach, assist, and provide valuable feedback. Participants learn at their own pace and make individual choices about which “classes” to attend. Structured and unstructured opportunities for learning are offered.

Staff will actively partner with participants in all aspects regarding their recovery: “Nothing about us, without us.”

Four PROS service areas address specific needs:

1. Community Rehabilitation and Support (CRS)
2. Intensive Rehabilitation (IR)
3. Ongoing Rehabilitation and Support (ORS)
4. Clinical Treatment (Psychiatrist)



Intake Process – A mental health diagnosis is required. We specialize in serving those who are dually diagnosed, and readily accept participants with substance abuse issues and other life skills deficits.

Initially, participants will be given a screening to determine if they are a good fit for the **PROS** program. Once admitted, they’ll meet with an Intake Coordinator who will provide a comprehensive assessment. Then, they’ll work with **PROS** staff to develop an IRP and begin receiving the services best suited to helping them achieve their goals.

Walk-in intakes are welcomed Monday, through Friday from 8:00 a.m. to 3:30 p.m. Appointments are available by calling 315.478.2030.

A referral form can be found on our website at cnyservices.org.

Twenty-four hour on-call support is provided.

